

Please see below announcements from South East London Clinical Commissioning Group – April 2021

Update Covid vaccination – Inviting residents 45 and over

If you are aged **45 and over**, you receive a Carers Allowance, have a learning disability, are clinically extremely vulnerable (high risk) or clinically vulnerable (moderate risk) – you can book your vaccine online at www.nhs.uk/covid-vaccination or call 119 without needing an invitation. If you are eligible to use this service but cannot get an appointment, speak to your GP surgery.

Unpaid carers can get the vaccine through their GP, and eligible frontline health and social care workers can book their vaccine through their employer or GP.

See the full list of priority groups [here](#), and guidance on frontline health or social care workers, and the high and moderate risk categories [here](#).

Second dose

The nationally agreed gap between the first and second dose of the vaccine for COVID-19 is between 11 to 12 weeks. Everyone who has had their first vaccine has a second vaccine reserved for them. Your second dose will be the same vaccine as your first one. Appointments for second dose vaccines are being offered to everyone who is due to have one. Please wait to be contacted with your appointment.

If your first vaccine was at Community House, this has now closed and two new sites have been opened. You will be contacted to book your appointment and advised where to go for your second dose.

If it is 11 weeks since your first dose but you have not yet been contacted to book your second appointment, please call the appropriate vaccination site. Check contact details [here](#)

Encouraging uptake of the vaccine for eligible groups

As one of the measures to increase uptake of the vaccine in the eligible groups and ensure all available first dose appointment slots were utilised, a special walk-in vaccination service was made available at the Bromley Civic Centre from Saturday 10 April to Thursday 15 April.

The promotion of the walk in service included reassuring messages about the safety and efficacy of the [AstraZeneca vaccine](#)

Reducing vaccine hesitancy

We are really keen to hear from residents who have had their vaccine after being initially hesitant, to better understand what helped them decide to have it. One of our residents shared her experiences at the clinical satellite clinic at the Al-Emaan Mosque on Saturday 10 April. You can watch her video [here](#)

Bromley Maternity Voices Partnership

Bromley PRUH Maternity Voices Partnership (MVP) are holding their next service users virtual meeting on **20th April from 10am-12pm**. This is a local partnership made up of maternity services users/ representatives and maternity professionals that come together to review and contribute to the development of maternity care. If you would like to come and contribute or just listen please email pruhmaternityvoices@outlook.com and they will send you the online meeting link.

Health and Wellbeing workshop with Bromley Well – Ensuring good medical care

Join Bromley Well team for the seventh in a series of 8 workshops for people living with a long term health condition.

On Tuesday **20 April from 11:00 to 12:30**. Workshops will be held on Zoom.

- Understand medication adherence and why it is important for our health.
- Learn how to communicate effectively with healthcare professionals.
- Know where to go for further support.

The workshops are FREE and open to residents in Bromley borough who are living with a long term health condition. Find more information about who we support.

To join in the workshop, you do need to be registered with Bromley Well. Get in touch to find out more and register by emailing or calling our Lifestyle Coordinator:

Dean – 07985 431 484 dean.baldwin@bromleywell.org.uk